

Church of the Palms  
Delray Beach, Florida



Where faith happens and love abounds!

November 2018

**PALM FRONDS**

Issue 22290



**November 2 & 3**  
**Friday, November 2**  
**6:30-9pm**

This meeting is open to everyone who wants to see what the next steps in the process are about and for those who would like to participate in small group meetings.

**Saturday, November 3**  
**8:30am Coffee/snacks**  
**9am-4pm Workshop**  
**(lunch will be provided)**

This event is for small group leaders and the Pastor. We will need about 7 small group leaders, who will work in pairs. If interested please call the Office, the Pastor, or Joycelyn Patrick as soon as possible.

**Sunday, November 18**  
**11:30am Initial Meeting**  
**of all Small Groups** (for all members & friends of the Church)

**From the Pastor**

Dear Friends,

I don't know about you but I'm tired of the political ads on TV; attacking a candidate's opponents (often with 'alternate facts') they rarely address the issues that concern us. General Colin Powell said: *You're not just voting for an individual, in my judgment, you're voting for an agenda. You're voting for a platform. You're voting for a political philosophy.* The facts are important; the issues matter. Voting is an act of faith.

These words from the United Church of Christ *Our Faith Our Vote* page are worth reading:

**"The problems in our world often seem too big to confront.** We see injustice every day and feel that change can't or won't happen. But our faith is infused with hope and built on a foundation of action. By serving the vulnerable, feeding the hungry, and standing in solidarity with the oppressed, we serve as God's hands.

**"Voting is a natural extension of faithful action.** The decisions made by our representatives have a wide-reaching impact. We have enormous potential to make positive change. We must engage our legislators, vote, and encourage everyone in our communities to do the same."

Our vote makes an impact on society. Not voting is not a protest against a system run amok; it is a surrender to the status quo. President Franklin Roosevelt said: *Nobody will ever deprive the American people of the right to vote except the American people themselves and the only way they could do this is by not voting.*

Our voice and our vote matter. As people of faith we have a unique opportunity to encourage respectful dialogue that strengthens community and offers hope for the future. Whatever your party, whatever your political philosophy, I hope you will join me in voting this month!

Blessings,

*Pastor Brad*

**Your vote is your voice – don't give it up!**  
**Vote on November 6!**

**Early voting continues through November 4.**  
**<http://www.ucc.org/ourfaithourvote>**



## November Worship - Sundays, 10 am

November 4 – Pentecost 24 - *Holy Communion*

Scripture: Ruth 1:1-8; Mark 12:28-34

Sermon: *New Beginnings*

November 11 – Pentecost 25 – *Stewardship Sunday*

Scripture: Micah 6:6-8; 1 Timothy 6:2b-10;

Matthew 6:19-21

Sermon: *The “M” Word*

November 18 – Pentecost 26 – *Thanksgiving Sunday*

Scripture: Deuteronomy 8:7-18; Matthew 6:25-33

Sermon: *From Worry to Wonder*

November 25 – Reign of Christ Sunday

*A special service of song & worship for Reign of Christ Sunday*



Prayer  
MINISTRY

**Prayer Ministry** gathers for 1 hour on the 1<sup>st</sup> & 3<sup>rd</sup> Thursdays of the month at 10:30am. Gatherings include mutual support, exploring prayer practices, and praying for others. Meetings are in the sanctuary. We hope you will join us!

### Prayer Requests received during October

Carol Lois Bryant + Peter Wm. Balance + Maey + Jay Putnam + Rose DeZago + Edith Kutz + Veronica + Lorainne + Orie + Sybil + Lola + Eddy + Jean Smith + Natalie Silk + Lizz Sanders Easton Dangler + For strength to help my friends & family + Thankful for my blessings & my puppy + All who are fighting cancer + For our country & world

### And our shut-ins:

Dot Cooper, Barbara Daum, Linda Dick, Jackie Fusco, Marlene Hambleton, Dorothy Jones, John Mann, Ellen Mason, Miriam Mabrey, Barbara Miller, John Nemire, Henrietta Smith, Harry Wagner, Lorna Zirbel

To submit a **PRAYER REQUEST**, fill out a Prayer form in the pew and place it on the offering plate or call the Office.



Bible Study Continues in November with our study of the Book of Job.

Thursday, November 8,  
10:30am – Wisdom in An Information Age – Job 28

No Bible Study on Thanksgiving Day, instead on the 5<sup>th</sup> Thursday, November 29, 10:30am – Enter Elihu – Job 32-37

**All are invited – all are welcome!**  
**No need of previous knowledge or study.**  
**Just bring a curious mind and an open heart!**



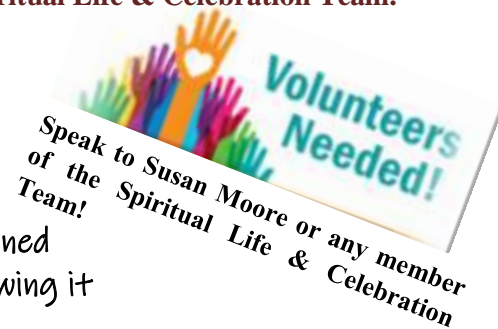
Helping Our Church Grow  
**WORKSHOP FOR**  
**GREETERS (& Ushers)**

Sunday, November 4  
11:30am-12:30pm



Sponsored by the Spiritual Life & Celebration Team.

Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it (Hebrews 13:2).



“Hospitality means primarily the creation of free space where the stranger can enter and become a friend instead of an enemy. Hospitality is not to change people, but to offer them space where change can take place. It is not to bring men and women over to our side, but to offer freedom not disturbed by dividing lines.”

~Henri J.M. Nouwen,

*In Reaching Out:*

*The Three Movements of the Spiritual Life*



The Leadership Council met on Monday, October 22. Reports from all Ministry Teams as well as the Financial and Pastor's reports were reviewed. Copies of reports are filed in the Church Office and available for anyone to review during regular office hours. The agenda also included:

- The resignation of Colleen Putnam as facilitator of the Faith Formation Team was acknowledged with regret; an appointment to fill the vacancy is being considered.
- A report on the October meeting of the Florida Conference of the United Church of Christ; Joycelyn Patrick and Barbara Sinclair represented our Congregation
- Discussion of the article "A Tiny Congregation with a Big Building is Resurrected as a Center for Peace". It is the renewal story of First Christian Church of Oakland, CA. Copies of the article are available by contacting our Church Office.

The next meeting of the Leadership Council will be Monday, December 10, 11am.



### ADMINISTRATION TEAM

- Completed planning for Stewardship Kick-Off Ice cream social
- Began planning for preparation of 2019 budget
- Follow-up on suggestion from FPL for cost saving
- Review of hurricane preparedness
- Discussion of required repairs to areas housing AC units to meet city codes
- The resignation of Margot Beck from the Team was acknowledged & a replacement was discussed

### FAITH FORMATION TEAM

No report this month

- The **Advent Potluck** has been rescheduled to Sunday, December 2

### MISSION TEAM

- Discussed holding a book fair in 2019 cooperatively with the Faith Formation Team and possible in conjunction with a Pet Blessing in the gardens
- Discussed inviting the Delray Police Department's Community Liaison to speak to the congregation
- Discussed the value and importance of continued participation in interfaith meetings regarding homelessness; gathering further information is on hold until there is further clarity on the Congregation's vision and missional direction gathered through the New Beginnings process.

### SPIRITUAL LIFE & CELEBRATION TEAM

- **A training for Greeters (and ushers) will be held November 4, 11:30am for one hour.** The greeter is the first person a visitor sees and their first impression of our church is formed through this interaction. **Volunteers are sought to be part of this vital ministry.** Please attend even if you simply wish to find out more.
- Discussion also about ways to follow up first time visitors to our church.
- **Volunteers are sought to help plan for celebrations and social events.**

The next



is November 11

All ministry teams will meet  
11:30am-12:30pm  
with a wrap up from 12:30-12:45pm.



to **Joycelyn Patrick** who was elected to the Committee on Church and Ministry of the Florida UCC Conference.

Election was held at the October 11-13 meeting of the Conference in Naples.





## Music Notes

### *To Worship is to Sing*

The chancel choir has started rehearsal for the season. There is a need for a few more volunteers to sing on Sunday mornings and to help sing for the Christmas Cantata. If you enjoying singing and would like to share your gift with the choir speak to Ed Krynicki. Rehearsal is on Thursday evening at 6PM in the music room. There are no auditions to join just a love to sing for the Lord.

The Christmas Cantata will be presented on Sunday December 18<sup>th</sup> at 3 PM in the Sanctuary. We spend part of the rehearsal working on the Cantata and also have CD's with parts-dominated for everyone to take home. If you are interested speak to Ed.

The Handbell choir will soon begin rehearsing for the Christmas season. Now we are looking at rehearsals after church on Sunday morning.

If you are interested in any of these musical opportunities speak to Ed.

*Soli Deo Gloria* (Glory to God Alone)  
Ed Krynicki



### **November Birthdays**

- |    |                        |
|----|------------------------|
| 2  | <b>Matthew Hammett</b> |
| 7  | <b>Pastor Brad</b>     |
| 15 | <b>Jackie Fusco</b>    |
| 19 | <b>Liz Dangler</b>     |
| 23 | <b>Ronald Longwell</b> |
| 25 | <b>Robert Mendoza</b>  |
| 30 | <b>Margot Beck</b>     |



*The next meeting of the Women's Fellowship is Tuesday, November 6, 11 AM, in Fellowship Hall.*

*Women's Fellowship is sponsoring an art class on November 9, 3:00 pm. Cost is \$35 including all supplies for the 2-hour class. Call Margot Beck at 737.0012 for information and to sign up.*

*Coming in December: Women's Fellowship Christmas Luncheon, December 4, Delray Beach Golf Club.*

### **Neighbors in Need**

Thanks to all who contributed a total of **\$257.00** to the 2018 Neighbors in Need Offering. To learn more about how your gifts are used, visit [www.ucc.org/nin](http://www.ucc.org/nin).



# be | informed

## K P KEEPING YOU POSTED

To receive regular updates on the mission & ministry, news & events of the United Church of Christ, sign up for *Keeping You Posted* in your email at [http://www.ucc.org/keeping\\_you\\_posted](http://www.ucc.org/keeping_you_posted).

and

**DD** | **DAILY DEVOTIONAL**  
Created by the StillSpeaking Writers' Group

To receive the daily devotional in your inbox each day, sign up at [http://www.ucc.org/daily\\_devotional](http://www.ucc.org/daily_devotional)





# NOVEMBER

*Thankful*



**Tuesday – Friday, 9am-1pm**

*Pastor's hours on days indicated from 9am but always call first to be sure he is available.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1 All Saints Day</b> <b>10:30am Prayer Ministry</b> <i>Pastor's Office Hours</i> <b>6pm Choir Practice</b>	<b>2</b> <i>Pastor's Office Hours from 2pm</i> <b>New Beginnings Workshop</b> <b>6:30-9pm</b> <i>Friendship Center</i>	<b>3</b> <b>New Beginnings</b> <b>8:30am -4pm</b> <i>Friendship Center</i>
<b>4</b> <b>10am - Communion &amp; Sunday School</b> <b>11:00 am - Social Hour</b> <b>11:30am Hospitality Workshop</b>	<b>5</b>	<b>6</b> <i>Pastor's Office Hours</i> <b>11am Women's Fellowship meeting</b>	<b>6</b>	<b>8</b> <b>10:30am Bible Study</b> <i>Pastor's Office Hours</i> <b>6pm Choir Practice</b>	<b>9</b> <b>3pm Art Class In Fellowship Hall</b> <i>Sponsored by Women's Fellowship</i>	<b>10</b>
<b>11 Stewardship Sunday</b> <b>10am -Worship &amp; Sunday School</b> <b>11:00 am - Social Hour</b> <b>11:30am – Super Sunday meetings</b>	<b>12 Veterans Day</b> 	<b>13</b> <i>Pastor's Office Hours</i>	<b>14</b>	<b>15</b> <b>9am Staff Meeting</b> <b>10:30am Prayer Ministry</b> <i>Pastor's Office Hours</i> <b>6pm Choir Practice</b>	<b>16</b>	<b>17</b>
<b>18 Thanksgiving Sunday</b> <b>10am - Worship &amp; Sunday School</b> <b>11:00 am - Social Hour</b> <b>11:30am – Initial New Beginnings Small Group meeting</b>	<b>19</b>	<b>20</b> <i>Pastor's Office Hours</i>	<b>21</b>	<b>22</b> <i>Office Closed</i> 	<b>23</b> <i>Office Closed</i>	<b>24</b>
<b>25 10am - Worship &amp; Sunday School</b>	<b>26</b>	<b>27</b> <i>Pastor's Office Hours</i>	<b>28</b>	<b>29</b> <i>Pastor's Office Hours</i> <b>10:30am Bible Study</b> <b>6pm Choir Practice</b>	<b>30</b>	



## CROS Ministries

The start of the **2018/2019 gleaning season** is quickly approaching. We anticipate a sweet corn gleaning in Clewiston on **November 17** to start off the sweet corn season. We are also waiting for the go ahead from our lettuce and leaf growers, which should come sometime in November to start our gleaning events in Belle Glade. Our east coast sites appear to be on target for a **January 12** start and our Palm City fields look to be ready on **February 9**. Of course, there is a lot of weather to come between now and then, temperature fluctuations and always the unforeseen; but crops are resilient and so are we!

For more information about CROS Gleaning, please contact Keith Cutshall at [kcutshall@crosmministries.org](mailto:kcutshall@crosmministries.org).

I AM  
HUNGRY

Do you know a senior struggling to make ends meet? SNAP (Supplementary Nutrition Assistance Program) can help them stretch their food dollars and prevent them from

having to choose between buying medicine or buying food. It's free to apply, and they can get one-on-one help completing the application online or by hand. Call the Church office for more information.

**Food Donations Needed:** Please put your food donations I the bin at the back of the sanctuary. This month, CROS especially needs **Canned Meats**.



## Attendance and Offerings:

### September

Average Attendance: 46

Total income \$ 4,672.80

Total Expenses \$31,446.37

Total **-\$26,773.57**



## HOW DO PEOPLE START ATTENDING CHURCH?

A Friend Invited Me - 86%

Organized Visitation - 6%

Invited by the Pastor - 6%

Advertising - 2%

[churchgrowth.org](http://churchgrowth.org)

***No matter who you are, who you love, or  
where you are on life's journey,  
you're welcome at  
Church of the Palms United Church of Christ  
where faith happens and love abounds!***

### Church of the Palms United Church of Christ

1960 N. Swinton Avenue, Delray Beach, FL 33444

561.276.6347

[www.churchofthepalms.net](http://www.churchofthepalms.net)

[info@churchofthepalms.net](mailto:info@churchofthepalms.net)

Rev. Brad S. Lutz, Designated Pastor  
Edward M. Krynicki, Minister of Music  
Elaine Reinhardt, Pianist  
Theresa Baudier, Administrative Assistant  
Elnora C. Mitchell, Bookkeeper  
Milan Charles Sunday School Teacher  
Shawn Antman, Jeanrony Esther, Sextons

Joycelyn Patrick, Moderator  
"Bud" Scott, Vice Moderator/Administration Team  
Karin Cogswell, Clerk  
Barbara Sinclair, Treasurer  
Lizz Sanders, Mission Team  
Faith Formation Team  
Susan Moore, Spiritual Life & Celebration Team

... and many incredible volunteers!

## Ten Ways to Become More Grateful by David Schoen

How do we “*Give thanks in all circumstances*” (1 Thessalonians 5:18)? Robert Emmons, professor of psychology at the University of California, Davis, and a leading expert on gratitude, suggests these ten intriguing ways to grow in gratitude:



1. **Keep a Gratitude Journal.** Establish a daily practice in which you remind yourself of the gifts, grace, benefits, and good things you enjoy. Setting aside time on a daily basis to recall moments of gratitude associated with ordinary events, your personal attributes, or valued people in your life gives you the potential to interweave a sustainable life theme of gratefulness.
2. **Remember the Bad.** To be grateful in your current state, it is helpful to remember the hard times that you once experienced. When you remember how difficult life used to be and how far you have come, you set up an explicit contrast in your mind, and this contrast is fertile ground for gratefulness.
3. **Ask Yourself Three Questions.** Utilize the meditation technique known as *Naikan*, which involves reflecting on three questions: “What have I received from \_\_\_?”, “What have I given to \_\_\_?”, and “What troubles and difficulty have I caused?”
4. **Learn Prayers of Gratitude.** In many spiritual traditions, prayers of gratitude are considered to be the most powerful form of prayer, because through these prayers people recognize the ultimate source of all they are and all they will ever be.
5. **Come to Your Senses.** Through our senses—the ability to touch, see, smell, taste, and hear—we gain an appreciation of what it means to be human and of what an incredible miracle it is to be alive. Seen through the lens of gratitude, the human body is not only a miraculous construction, but also a gift.
6. **Use Visual Reminders.** Because the two primary obstacles to gratefulness are forgetfulness and a lack of mindful awareness, visual reminders can serve as cues to trigger thoughts of gratitude. Often times, the best visual reminders are other people.
7. **Make a Vow to Practice Gratitude.** Research shows that making an oath to perform a behavior increases the likelihood that the action will be executed. Therefore, write your own gratitude vow, which could be as simple as “I vow to count my blessings each day,” and post it somewhere where you will be reminded of it every day.
8. **Watch your Language.** Grateful people have a particular linguistic style that uses the language of gifts, givers, blessings, blessed, fortune, fortunate, and abundance. In gratitude, you should not focus on how inherently good you are, but rather on the inherently good things that others have done on your behalf.
9. **Go Through the Motions.** If you go through grateful motions, the emotion of gratitude should be triggered. Grateful motions include smiling, saying thank you, and writing letters of gratitude.
10. **Think Outside the Box.** If you want to make the most out of opportunities to flex your gratitude muscles, you must creatively look for new situations and circumstances in which to feel grateful.

Science and Psalmist agree it is good to give thanks. O, give thanks to God and grow in gratitude this week and every day. Happy Thanksgiving!

~From [Greater Good in Action](#), University of California, Berkeley.